

Rotary



ROTANORE



WEEKLY BULLETIN of Rotary Mangalore North (R.I. Dist. 3181) Club No. : 15736

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ಇಂದಿನ ಕಾರ್ಯಕ್ರಮದ ಮುಖ್ಯ ಅತಿಥಿಗಳು ಶ್ರೀ ಗೋಪಾಲಕೃಷ್ಣ ಭಟ್

ಸಂಚಾರ ಪೊಲೀಸ್ ಇನ್ಸ್‌ಪೆಕ್ಟರ್

ಸುಳ್ಳಾದಲ್ಲಿ ಜನಿಸಿದ ಇವರು, ಸರಕಾರಿ ಕಾಲೇಜು ಮಂಗಳೂರಿನಲ್ಲಿ ಬಿ.ಕಾಂ., ಪದವಿಯನ್ನು ಪಡೆದು, ಆರಕ್ಷಕ ಹುದ್ದೆಗೆ ನೇಮಕಾತಿ ಹೊಂದಿ, ಪೊಲೀಸ್ ಇಲಾಖೆಯಲ್ಲಿ 28 ವರ್ಷ ವಿವಿಧ ಹುದ್ದೆಯಲ್ಲಿ

ಉತ್ತಮ ಸೇವೆ ಸಲ್ಲಿಸಿ ಪ್ರಸ್ತುತ ಮಂಗಳೂರು ಪೂರ್ವ ಸಂಚಾರ ಪೊಲೀಸ್ ಠಾಣೆಯಲ್ಲಿ ಪೊಲೀಸ್ ಇನ್ಸ್‌ಪೆಕ್ಟರ್ ಆಗಿ ಸೇವೆ ಸಲ್ಲಿಸುತ್ತಿದ್ದಾರೆ. ತನ್ನ ಒಟ್ಟು ಸೇವಾವಧಿಯಲ್ಲಿ 20 ವರ್ಷ ಟ್ರಾಫಿಕ್ ವಿಭಾಗದಲ್ಲೇ ತನ್ನ ವಿಶೇಷ ಸೇವೆ ಸಲ್ಲಿಸಿ ಸಂಘಸಂಸ್ಥೆಗಳಿಂದ ಗೌರವ ಸನ್ಮಾನಕ್ಕೆ ಪಾತ್ರರಾಗಿದ್ದಾರೆ. ಪತಿ ಪತ್ನಿ, ಓರ್ವ ಮಗಳು ಇರುವ ಚೊಕ್ಕ ಚಿಕ್ಕ ಸಂಸಾರದ ಇವರು ಮಂಗಳೂರು ಪೊಲೀಸ್ ವಸತಿ ಗೃಹದಲ್ಲಿ ನೆಲೆಸಿದ್ದಾರೆ. ಪದವೀಧರೆಯಾದ ಇವರ ಪುತ್ರಿ ಸದ್ಯ ಚಿತ್ರಕಲಾ ವಿಶೇಷ ಅಧ್ಯಯನದಲ್ಲಿದ್ದಾರೆ.

Road Safety Week is organised every year in the month of January by the Ministry of Road Transport and Highways. The one-week long event aims at making the streets safer. Many methods of spreading awareness will be implemented to ensure that India's roads can edge closer to becoming a completely accident-free. Variety of programmes related to the road safety is organised in several cities to enlighten people on road safety, driving rules and cautions. During the week long campaign, variety of educational banners, safety posters, safety films, pocket guides and leaflets related to the road safety are distributed to the on road travelers. Commuters are also explained about the methods and necessities of the road safety and how they must understand the use of helmets or seat belts while driving on the road or anywhere. Many NGOs also participate in the Ministry's efforts to create awareness about road safety.

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PROGRAMME TODAY AT 7.30 PM
Topic: **Traffic Awewness.**

Guest: Sri Gopalakrishna Bhat,
Police Inspector, Mangalore city.

Ann's & Annets Invited Dinner Meeting

NEXT WEEK 12.01.2020 AT 07.30 P.M.

Vocational Achievers Awards

Ann's & Annets Invited Dinner Meeting

WE MEET EVERY TUESDAY AT 7.00 P.M. BAL BHAVAN, MANGALURU -3 PH : 2459246

RI President's Message - January 2021

January is finally here. As we look forward to 2021, our thinking doesn't have to stop at the end of these 365 days. Are you thinking ahead about what you will be doing in 2022, 23, & beyond? We cannot foresee the future, but we can steer ourselves where we want to go. I think it is important that every Rotary club hold a strategic meeting at least once a year. Past RI Director Greg Yank, who has a lot of experience working with clubs on their plans, shares his viewpoint. A famous aphorism states, "By failing to prepare, you are preparing to fail." Planning is essential to achieving success in all areas of life, including Rotary, & we're getting better at it every year. Strategic planning for Rotary clubs works. I have helped many clubs find that pathway by working with them to build what I call a blueprint, a multi year plan that answers the fundamental question: "What is our vision for our club?" The best plans I have seen are those that are focused, when a club concentrates its resources on the best opportunities it has. Your Rotary club cannot be all things to its members and to the community it serves; it has limited human, financial, and time resources. A successful plan factors in assets and limitations to chart the desired pathway for your members.

Begin building a multi year strategic plan by brainstorming with your club, asking, "What are our initiatives and priorities for the next two to three years?" Document your answers using action-oriented language that is specific, concrete, and measurable about the goals you want to achieve. Next, narrow down your initiatives to a core set of three to five priorities. Your club will then develop specific objectives for each initiative, outlining who will be involved, key milestones of achievement, how progress will be tracked, and a timeline for completion. Keep your plan short and simple.

Then go out and do it. Review the progress you make toward accomplishing the initiatives, and revise as needed at least once a year. Rotary has a solid template to assist clubs in their planning, which you can find at my.rotary.org/en/document/strategic-planning-guide.

We want to enrich and enliven our clubs with new discussions and ideas. But how do we attract the diverse professionals, from different backgrounds, ages, and experiences, who are all driven by as strong a sense of integrity as we are?

Through strategic planning, we explore this question to define the very nature of our club and the value it offers to its members and to the community. Each club is different, and each club's value will be unique. During the planning process, clubs may also find that some of the activities they used to do are no longer relevant or attractive.

Once your club makes a strategic plan, it's time to take action and carry out the necessary changes. When we do that-as we engage members in vibrant and active clubs that not only have fun but also serve their communities with projects that have real and lasting impact-our clubs grow stronger. And when we discover what makes our own clubs unique and build upon those core values in all our efforts, Rotary Opens Opportunities to enrich the lives of everyone.

Holger Knaack, President 2020-21

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While every citizen leaves no chance of criticizing India's road safety, there is still a lot that you can do at the ground level. There are several basic traffic rules that you must always remember to follow. While the simplest thing to do is follow the traffic lights, you must also be cautious of the road signs, maintain one line while driving, use indicators when needed, and ensure that you do not drive with an expired license. Signs such as 'L' and 'baby on board' can caution others to drive more carefully near you. Last but not least, please park your vehicles in the parking zones only.

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Kalyapadaavu, Uli Poot & Village, Barhal Tq., D.K - 574 228 Ph: 88255-289975 / 9600266775 President : **Rtn. Rohinath P.**

New year's resolution

A new year's resolution is a tradition, most common in the western hemisphere in which a person who resolves to change and undesired trait or behaviour or to accomplish a personal goal or otherwise improve their life.

Popular resolutions are:

- Improve physical well being: eat healthy food, loose weight, exercise more, eat better, drink less alcohol, quit smoking, get rid of old habits.
- Improve mental well being: think positive, laugh more often, enjoy life.
- Improve finances: get out of debt, save money, make small Investments.
- Improve career: perform better at current job, get a better job, establish own business
- Improve education: improve grades, get a better education, learn something new(such as a foreign language or music), read more books, improve talents.
- Improve yourself: become more organised, reduce stress, manage time, be more independent.
- Take a trip.
- Volunteer to help others, practice life skills, give to charity.
- Get along better with people , improve social skills,enhance social intelligence.
- Make new friends,
- Spend quality time with family members.
- Settle down, get engaged/ get married, have kids.
- Pray more, be more spiritual,
- Be more involved in sports or different activities.
- Spend less time on social media.
- Success rate

The most common reason for people failing their New Year's Resolutions was setting themselves unrealistic goals(35%), not able to keep track of their progress(33%) and a further 23% forgot about it. About 1 in 10 respondents claimed they made too many resolutions.



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Participants of our club members, Anns and Annets in the Interzonal Out Door Sports Competition (Zone 2 & 3, District 2021) held on 03.01.2021 at Mangala stadium.



Brief report of the meeting held on 29.12.2020

Rtn. Vishwanath Shetty presided over the meeting and welcomed every body. Rtn. Radhakrishna Rai rendered invocation. Bulletin Editor Ajith Rao read out Christmas Message and informed that Christmas is observed to celebrate the birth of Jesus Christ. Jesus considered spreading the gospel of love as his foremost task. He encountered many ordeals in carrying out his mission, but he regarded them all as challenges to be overcome. He was determined to treat pleasure & pain, and sickness and failure with equanimity. His crucifixion & subsequent resurrection offered humans salvation and eternal life. Rtn. Vittal Kudva read out the minutes of the Board and Trustees meeting held on 26.12.2020 and also proposed the vote of thanks.

There afterwards Rotarians, Anns & Annets entertained the gathering with melodious karoake songs. Rtns Ganesh Krishna Bhat, Dr. Shiva Prasad & Chandra Mohan, Anns Chitra Rao, Geetha Rao, Meenakshi Rao & Dr. Jyotsna and Annet Suhenaa kept the audience spell bounded with their music.

Many Rotarians, Anns and Annets have won Medals in the competition. Congratulations to all. List of all winners will be published in next week ' Bulletin.

Happy Wedding Anniversary



Rtn. Walter Dcunha & Ann Lydia 31st Dec

Annet Shivani Rohinath - 31st Dec

Happy Birthday



Rtn K Ajith Rao, 31st Dec Ann Rekha Mohan, 31st Dec

Annet Shobha T.G. Shenoy 2nd Jan.



Annet Akhilesh Radhakrishna Rai 4th Jan.

Crompton Shoppe Premier Traders Rtn. Dinesh Kumar A. B.
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